

# Trimbow® 87/5/9 µg metered dose inhaler\*

## Inhaling correctly step by step

### Dose counter:

The pack contains the cartridge with the 3-fold active agent combination loose in the grey plastic inhaler. Before it is applied for the first time, the dose counter's window displays the value "121". To test the active-agent cartridge, press firmly into the plastic inhaler to trigger an initial puff. After that, the metered dose inhaler is ready for use and the dose counter displays the value "120". If the value "20" is displayed, you should ask your doctor to prescribe a new inhaler for you. Do not use the inhaler any more if the value "0" is displayed, as the quantity still in the container might not be enough for a full dose.

### Cleaning:

Wipe inside and outside of the mouthpiece once per week of the mouthpiece once per week with a dry cloth or tissue (no water).

### Shelf life:

On the pack there is an adhesive label on which your pharmacist stated the dispensing date. As from this date, this medication still has a shelf life of 4 months in normal room temperature. Do not store Trimbow® 87/5/9 µg above 25°C and do not expose it to sun or frost.

**For more information, please consult the package information leaflet.**



### Your dose

Trimbow® 87/5/9 µg metered dose inhaler  
4 inhalations per day:

Morning: 2 inhalations  
Evening: 2 inhalations

Use of a holding chamber recommended:  
 Yes     No

Application with holding chamber\*\* possible



## Inhaling properly in 6 simple stages



Before inhaling, please check the dose counter, remove the protective cap from the mouthpiece and check whether the mouthpiece is free from foreign objects.



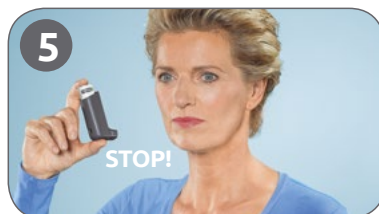
Exhale slowly and deeply – and do not breathe into the inhaler.



Hold the inhaler with your thumb and fore- or middle finger. Place your lips around the mouthpiece and tilt your head slightly backwards.



Press the active-agent cartridge downwards to trigger the puff while you simultaneously inhale deeply and slowly through your mouth.



Hold your breath for 5-10 seconds or for as long as you can without exertion.



Exhale slowly through the nose or the almost-closed lips (pursed lips). Put the protective cap on and again check the dose counter, which counts down with each puff.