

For asthma and COPD*:
FOSTER® NEXThaler® 100/6

Inhaling properly step by step

Cleaning:

Wipe the inhaler 1 x week with a dry towel (no water).

Shelf life:

The shelf life of the FOSTER® NEXThaler® 100/6 is 3 years. Once you have opened the pouch for the first time, the medication can be used for 6 months. After opening it, do not store the FOSTER® NEXThaler® 100/6 at a temperature above 25° C after opening the pouch. Do not expose the inhaler to any humid or wet environment.

For more information, please consult the patient information leaflet.

Your dosage

In the case of asthma*:

1 or 2 inhalations
2x per day

In the case of COPD*:

2 inhalations
2x per day



Instructions for using the FOSTER® NEXThaler® 100/6

1



Opening

120

Before application commences, check the dose counter. A value of between "1" and "120" indicates that there are still further dosages in the NEXThaler®.

Make sure that the protective cap is closed firmly before you use the inhaler.

Hold the inhaler firmly in an upright position. Now open the protective cap to the fullest extent. Exhale as deeply as possible. While doing so, do not breathe into the inhaler.

2



Inhaling

Guide the inhaler to your mouth, then enclose the mouthpiece firmly with your lips. Make sure that you do not block the air inlet while holding the inhaler. Inhale with a quick and deep breath. You will hear a clicking sound. Do not allow this to irritate you and carry on inhaling deeply.

Then remove the inhaler from your mouth and hold your breath for 5 to 10 seconds or as long as it's comfortable for you.

Exhale slowly. Do not breathe into your inhaler.

3



Closing

Return the inhaler to an upright position and close the protective cap completely.

119

Check whether the dose counter has gone down by one. If this is not the case, please ask your doctor for an assessment of the inhalation technique and/or ask your pharmacist to examine the condition of the device.