

**CHECKLIST FOR PROPER INHALATION TECHNIQUE  
NOVOLIZER**

**V 1-3: QUESTIONS ABOUT CORRECT PREPARATION FOR INHALATION**

**A 4-9: QUESTIONS ABOUT CORRECT INHALATION ROUTINE**

**B 10: QUESTIONS ABOUT CORRECT ENDING OF INHALATION**

	Procedure for proper inhalation technique	Inhalation fault (checklist)	Fault
V1	Insert the cartridge before initial use.	The cartridge is not properly inserted before initial use.	
V2	Remove the protective cap.	The protective cap was not removed.	
V3	Press the dispensing button (colour changes in the inspection window).	The dispensing button was not pressed; the colour in the inspection window did not change.	
A4	Inhale in an upright posture (seated or standing).	Inhalation in an unfavourable posture.	
A5	Before inhalation, exhale fully (but not into the mouthpiece).	Insufficient or no exhalation before inhalation.	
A6	Tightly wrap the mouthpiece with your lips.	The mouthpiece is not tightly wrapped by the lips, or release takes place against the teeth, lips, or tongue.	
A7	Inhale vigorously, rapidly and deeply.	Inhalation was not deep or vigorous enough.	
A8	Hold your breath for 5-10 seconds, if possible.	Breath was held too briefly or not at all after inhalation.	
A9	Do not exhale into the mouthpiece.	Exhalation took place into the mouthpiece.	
B10	Replace the protective cap after finishing inhalation. Use the counter to check the delivered dose.	The protective cap is not replaced after end of inhalation. The counter has not been checked or a wrong dose was dispensed.	