

Diaphragmatic Paralysis Questionnaire (DPQ):
Quality-of-Life Assessment

Dear Patient,

You are currently receiving treatment at our clinic for diaphragmatic dysfunction. In order to help us evaluate your current condition, please respond to the following questions by marking the most applicable answer with a cross.

Participation in this questionnaire is optional. All data are subject to doctor-patient confidentiality and will be handled with the utmost discretion.

If you have any further queries, please do not hesitate to contact your treating physician.

Patient Name:

The following questions relate to your general condition. You will see statements related to various aspects of daily life.

Please answer the questions in relation to how you felt ***last week***. For EVERY statement please mark the answer that best applies to you.

	Completely false -2	Largely false -1	Somewhat true 0	Largely true 1	Completely true 2
1. I frequently suffer from daytime fatigue					
2. I find it difficult to tie up my shoe laces					
3. I have shortness of breath after physical exertion.					
4. I have no difficulties with swimming					
5. I have shortness of breath whilst climbing stairs					
6. I can easily carry out ordinary daily activities (e.g. housework)					
7. I am able to go shopping					
8. My illness compromises my work-related activities					
9. Strenuous physical activity (e.g. sport) is not a problem for me					
10. My illness affects my sex life					
11. I can pursue all hobbies that interest me.					

	Completely false -2	Largely false -1	Somewhat true 0	Largely true 1	Completely true 2
12. My family life is suffering because of my illness					
13. I am able to go out at night					
14. I am afraid of suddenly running out of breath					
15. I enjoy my life					
16. I find it easy to lie down flat					
17. I look positively towards the future					
18. I have shortness of breath when I squat down					
19. I have shortness of breath when I take a bath					
20. I have shortness of breath when I have to lift or put down something whilst in a low position (e.g. loading/unloading a washing machine)					
21. I have shortness of breath after eating a meal					