

**CHECKLIST FOR PROPER INHALATION TECHNIQUE
BREEZHALER**

V 1-3: QUESTIONS ABOUT CORRECT PREPARATION FOR INHALATION

A 4-9: QUESTIONS ABOUT CORRECT INHALATION ROUTINE

B 10: QUESTIONS ABOUT CORRECT ENDING OF INHALATION

	Procedure for proper inhalation technique	Inhalation fault (checklist)	Fault
V1	Remove the cap and open the inhaler to insert a capsule.	The inhaler is not correctly opened.	
V2	Remove the capsule from the blister pack according to the instructions, and insert it into the inhaler's capsule compartment.	The capsule is not correctly removed from the blister pack, or inserted incorrectly into the capsule compartment.	
V3	Pierce the capsule by once pressing the buttons provided for this purpose.	The capsule is pierced incorrectly.	
A4	Inhale in an upright posture (seated or standing).	Inhalation in an unfavourable posture.	
A5	Before inhalation, exhale fully (but not into the mouthpiece).	Before inhalation, exhalation was insufficient or took place into the mouthpiece.	
A6	Tightly wrap the mouthpiece with your lips.	The mouthpiece is not tightly wrapped by the lips, or triggering takes place against the teeth, lips, or tongue.	
A7	Inhale vigorously, rapidly and deeply.	Inhalation was not deep or vigorous enough.	
A8	Hold your breath for 5-10 seconds, if possible.	Breath was held too briefly or not at all after inhalation.	
A9	Do not exhale into the mouthpiece.	Exhalation took place into the mouthpiece.	
B10	Remove the capsule to check whether it was pierced and fully emptied.	No check is performed as to whether the capsule contains residual powder after inhalation.	